



Culpeper Sport & Racquet Club

December 2009

www.culpepersport.com

*CSRC would like to thank everyone for another great year.
We wish everyone a happy and healthy holiday season.
We are looking forward to another wonderful year!*

Tennis

Louie Cap Tennis Clinics January 22 & 23, 2010.

Sign up at the front desk or Call and Sign up

UNLIMITED TENNIS SPECIALS

Monday to Friday 6 a.m. to 5 p.m. \$400 per person/A Year

Saturday & Sunday 8 a.m. to 3 p.m. \$250 per person/A Year

***Courts are available all weekend**

Save & Sign Up for Both \$600 per person/A Year

Holiday Tennis Schedule:

Tuesday December 29:

Cardio Tennis - 6-7pm

Wednesday December 30:

Drill & Play - 5-6pm

Thursday December 31:

Drill - 10:30-12noon

December 29-30:

Joe will be offering
HALF PRICED

PRIVATE TENNIS
LESSONS!

W.T.T. will begin January 10, 2010. Matches will be held on Sunday afternoons. Learn about W.T.T. at www.wtt.com (Rec Leagues) or ask Joe Noth for details. If you interested in being a captain for a team please contact Joe as soon as possible.

Cold and Flu Season is approaching. Please remember to wipe down all equipment before and after each use.

Upcoming Events:

Dec. 6	Junior's Superset Tournament
Dec. 19	Bring A Friend For Free
Jan. 9	Open House
Jan. 10	WTT Leagues Begin
Jan. 22-23	Louie Cap Clinics

New Cardio Tennis Class:

Friday's at 6 P.M.

Fitness Members: Bring a friend to the gym for free. Saturday December 19, 2009 you can bring as many friends as you would like to try our facility.

JT Thompson still has PT space available during the day.



CSRC has all of your holiday shopping needs. Memberships, Lessons, Racquets, Sneakers and other Head Tennis products are available. See the front desk to get your gift certificate today.

ATTENTION MEMBERS:

Go Green / Paperless billing option

CSRC has begun our EFT program. Stop by the front desk and ask how to get set up for electronic funds transfer. We have also started emailing our members updates around the club for specific events. Please email us your email address to CSRC19055@yahoo.com or stop by the front desk and leave it with us.

See the back of the newsletter for the Group Fitness Schedule. These are FREE to all Fitness Members.

Holiday Hours

December 24th—CLOSED

December 26th—8 a.m. to 3 p.m.

January 1st—CLOSED

December 25th— CLOSED

December 31st 6 a.m. to Noon

January 2nd 8 a.m. to-3 p.m.

Group Fitness Classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00-10:00 Aerobics		9:00-10:00 Aerobics		9:00-10:00 Aerobics	9:00-10:00 KIDS FIT
5:45 -6:25 Spin Class	5:45-6:45 Body Sculpt	5:45-6:30 Intro to Yoga	5:45 -6:25 Spin Class	5:45 -6:25 Spin Class	
6:30-8:00 Tae Kwon Do		6:30-7:15 ZUMBA Class	6:30-8:00 Tae Kwon Do		

Thank You 2009 Sponsors!

Madison Buildings



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WACHOVIA



Culpeper Sport & Racquet Club

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www.culpepersport.com